

Problem scenario – girls

Future Goals

Sasha is really interested in cars and is considering doing her work experience at a garage. All the other girls want to do hairdressing.

One day Sasha and her friends were hanging out at lunch, filling in their forms for work experience when Vanessa asks Sasha, 'So, I hear you want to work in a garage. What do you want to do that for? That's a boy's job!'

Then the other girls start chipping in, 'Yeah, what are you, a lesbian? No guy will want you!'

Sasha stands up and says, 'It's something I've always wanted to do and if you were my friends you would back off!'

Questions

- ▶ Do you think Sasha is confident?
- ▶ Do you think her friends are confident? Why or why not?
- ▶ What would you do in this situation?
- ▶ Can you give an example of a situation in which you stood up for what you believed in?
- ▶ How can you judge whether someone is confident or not?
- ▶ Is a confident person aggressive or assertive?
- ▶ Is being confident always a good thing?
- ▶ Do you think it's important to be confident?
- ▶ What will help Sasha to achieve her future goals now?
- ▶ How would you help her if you were her friend?



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