Please enjoy this complimentary excerpt from Teaching With Light.

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FEEL Inspiration. The Tao of Leadership book was given to me when I was taking my first leadership step. This edition by John Heider (2014) continues to guide me. This excerpt from the passage titled “The Ripple Effect” is one of my favorites.

DO YOU WANT TO BE A POSITIVE INFLUENCE IN THE WORLD? FIRST GET YOUR OWN LIFE IN ORDER. YOUR BEHAVIOR INFLUENCES OTHERS THROUGH A RIPPLE EFFECT. A RIPPLE EFFECT WORKS BECAUSE EVERYONE INFLUENCES EVERYONE ELSE. POWERFUL PEOPLE ARE POWERFUL INFLUENCES.

—LAO TZU