

CHALLENGING MINDSET

Why a Growth Mindset Makes a Difference in Learning –
and What to Do When It Doesn't

JAMES NOTTINGHAM • BOSSE LARSSON

'Nottingham and Larsson's new book is accessible and inviting. It will help you navigate the world of mindset concepts and research, and focus on actions that can have high impact. I respect these authors and enjoyed the clarity and good humor they bring to their book – as will you. I highly recommend Challenging Mindset.'

— Carol Dweck
Lewis & Virginia Eaton Professor of Psychology,
Department of Psychology, Stanford University

CORWIN

Thank you
FOR YOUR
INTEREST IN
CORWIN

Please enjoy this complimentary excerpt from *Challenging Mindset* by James Nottingham and Bosse Larson. This diagram of the Learning Pit describes the effects of mindset at each step the learning challenge journey.

[**LEARN MORE**](#) about this title, including Features, Table of Contents and Reviews.

CORWIN

► Figure 41: How Mindset Affects the Learning Challenge Journey

